

January 2009

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Centre Closed	2 Centre Closed	3
4 Theme: New Year's	5 No programs	6 Southside Playgroup @ Cavalry Baptist Church 9:30 to 11:30	7 Francophone Playgroup @ Centre 10:00 to 11:30	8 Bilingual Me, You & Music @ Centre 10:00 to 11:00	9	10
11 Theme: Winter animals 	12 L'il Chefs 10:00 to 11:00	13 Southside Playgroup @ Cavalry Baptist Church 9:30 to 11:30	14 No Programs Board Meeting: 6:30	15 No programs	16	17
18 Theme: Snow 	19 Crafts 10:00 to 11:00	20 Southside Playgroup @ Cavalry Baptist Church 9:30 to 11:30	21 Francophone Playgroup @ Centre 10:00 to 11:30	22 Bilingual Me, You & Music @ Centre 10:00 to 11:00	23	24
25 Theme: Family Literacy 	26 L'il Scientists 10:00 to 11:00	27 Family Literacy Day 10:00 to 11:00 @ the Centre	28 Francophone Playgroup @ Centre 10:00 to 11:30	29 Bilingual Me, You & Music @ Centre 10:00 to 11:00	30	31



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The FRFRC is a non-profit organization funded by the Public Health Agency of Canada Initiative Community Action Program for Children (CAPC).

Family Programs:

Southside Playgroup

This is a weekly program that we are offering on the Southside. There will be free play, story time, crafts, games, activities, snack as well as special outings and activities. Join us from 9:30-11:30am every Tuesday offsite at the Calvary Baptist Church located at 845 Regent Street. For more information, call Lisa @ 474-0252.

Bilingual Me, You & Music

Children love music! This program allows children to explore music through movement, dancing, singing, listening and playing with basic musical instruments. Songs are in English and French. This program is held at the Marysville Legion located at 60 Veteran's Drive. For more information or directions, please give us a call at 474-0252.

L'il Chefs

Children love to help out in the kitchen! So here is a program designed specifically for them to let out their creativity with cooking. Families will enjoy picking out ingredients, measuring items, mixing everything together and watching the children's masterpieces cook. The best part will be the taste-testing!

Francophone Playgroup

This weekly themed program offers parents/caregivers and their children the opportunity to participate in a French-speaking environment. We offer free play, crafts, games, music, reading circle, snack and other activities depending on the weekly theme. For more information call Lisa at 474-0252 or e-mail her at lisa.michaud@frc-crf.com.

L'il Van Goghs

This is a special time for children to develop their creativity through finger-painting, drawing, cutting and gluing. The children are provided with all they need to make any craft their work of art.

Family Programs:

Parle Moi/Talk with Me Meet & Greet

Communication is much more than just speech and words! We know that talking, listening and following directions are important stepping stones for later success. Check the Center's calendar for Meet & Greet Session dates for people who haven't yet met us - bring your child to play and find out more about our program, or call the Parle Moi/Talk With Me Speech-Language Therapists at 1-877-691-8800 for more information.

Ready for School – January 2009

These programs have age-appropriate activities that will help your child learn and enhance the skills needed to succeed in kindergarten. They will run September 2008-May 2009. For more information or to enroll your child, please call Amy at 450-9733.

*Children must be completely toilet trained to attend either program

Ready for School (3 year olds): All children must be 3 years old by December 2008.

Ready for School (4 year olds): Children must be attending kindergarten in September 2009.

**there are still a few spaces available at this time so if interested, give Amy a call as soon as possible.*

L'il Scientists

This program is for children ages 2 ½ - 6 years of age and their parents/caregivers. Families will get to explore and experiment with planned science experiments in a hands on way.

Important Stuff:

Snow Storms and Bad Weather

If schools in Fredericton are closed due to snowstorms or extremely cold temperatures, please note that the centre will also be closed. Closures are announced on the local radio stations (listen for School District 18 or the Fredericton Regional Family Resource Centre). If you are unsure if the centre is closed, feel free to call us at 474-0252.

Mothering Study

Researchers at the University of New Brunswick need mothers' help to learn about the effects of violence on mothers and babies, and how to support this group best. If you are a mother who has left a violent relationship, and have a child less than 3 years old, you may be eligible for this study. Please contact

Katie Young at 447-3204 or katie.young@unb.ca for more information. Childcare will be provided and participants will receive a token of appreciation.

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Outreach sites:

Outreach Sites

Monday: Gagetown at the Gagetown Arena from 10-12noon

Tuesday: New Maryland at the New Maryland School from 10-11:30

McAdam at Saint Paul's Church from 10 to 11:30

Wednesday: Keswick Valley at the Keswick Valley Memorial School
From 10-12noon

Thursday: Fredericton Junction at the Fredericton Junction Baptist
Church from 9:30-11:30am

Friday: Harvey at Harvey health centre from 10 to 11:30

*For more information, please call 462-9820

