



Fun Facts

Did you know

The FRFRC was established in July 1997

The Centre is funded by the Public Health Agency of Canada under the Community Action Plan for Children (CAPC)

The Ready for School Program was established as a pilot program in 2005 and since that time has had 108 children participate in the program and another 46 registered for the fall 2009.

Amy and Carla have both been with the Centre since 2001!!!!

The Board of Directors consist of parents who attend programs and local community partners!

SUMMER CAMPS

July 6th

July 20th

August 10th

August 24th

OUTREACH PROGRAMS

Fall 2009

Monday - Gagetown

Tuesday - New Maryland

Tuesday - MacAdam

Wednesday - Keswick

Thursday - F'ton Junction

Friday - Harvey



July 2009 / August 2009



Centre News



Welcome to summer! It is hard to believe that we are here yet again! Time flies when you are having fun! And fun is what we have planned for the summer 2009!! Check out the July and August Calendars on pages two & three.



We will again be offering our Summer Camps for children three - six years old. There are still a few spaces available for all four weeks. Call the Centre (474-0252) for more information or to register!

Over the summer we are going to offer regular programs on the weeks that we do not have summer camp. See our July and August calendar on page 2 and page 3 of the newsletter.

Adjusting to Parenting - social support group for mothers will continue to be offered every Friday at 10:00am. Please call Carla @ 474-0252 to register or for more information.

Just Me and My Mom Fall 2009

We are taking names for the fall session. This 10—week program is for new moms and their babies up to a year old. Sessions include baby massage, language development. Are you a new mom, with

questions and want to meet other new moms - this program is for you!!

Ready For School Fall 2009

There are just a couple of spaces left in our 4's program this fall. If you are interested contact Amy @ 450-9733.



Check out our July and August Calendar and see what is going on for fun in the sun!!! Please note changes to times and programs!!

Afterschool Program - by Adrianna Durley

This is my last year at the FRFRC Afterschool Program and although I have only been here for two years I feel as if I've known these people my whole life.

The workers and the other children are a joy to be around, you could call them my extended family. Paula and Kim, the staff will help you through homework, spats with friends and if you just need someone to talk to they're there.

The facility has many beautiful toys and games to entertain the

children. The rules are simple and fair to everyone. The FRFRC Afterschool Program is all about having fun and treating others with kindness and respect. Paula and Kim plan fun crafts and activities daily that are enjoyable and educational at the same time.



We get to go on many fieldtrips with the program and some of my favorites include: swimming, Beaverbrook Art Gallery, Science East and the Legislature.

For some of the year I worked





with the Ready For School Program next door. Working with the little kids gave me a sense of responsibility and accomplishment. I enjoyed working with them very much.

Don't worry if your child doesn't know anyone at the FRFRC Afterschool program, the kids will include them and be-friend them in a blink of an eye. I shall miss the wonderful people that I have met at the program.

July 2009

Mon	Tue	Wed	Thu	Fri
		1 Canada Day Centre Closed 	2 Bi-lingual Me You & Music Main Centre 9:30—11:30	3 Adjusting to Parenting Main Centre 10:00 - 11:30
6 Summer Camp 9:00 - 4:00	7 Summer Camp 9:00 - 4:00	8 Summer Camp 9:00 - 4:00	9 Summer Camp 9:00 - 4:00	10 Summer Camp 9:00 - 4:00 Adjusting to Parenting Main Centre 10:00 - 11:30
13 Drop In - Main Centre 9:30 - 11:30	14 Summer Time Play- group Main Centre 9:30 - 11:30	15 Francophone Playgroup Main Centre 9:30 - 11:30	16 Bi-lingual Me You & Music Main Centre 9:30—11:30	17 Adjusting to Parenting Main Centre 10:00 - 11:30
20 Summer Camp 9:00 - 4:00	21 Summer Camp 9:00 - 4:00	22 Summer Camp 9:00 - 4:00	23 Summer Camp 9:00 - 4:00	24 Summer Camp 9:00 - 4:00 Adjusting to Parenting Main Centre 10:00 - 11:30
27 L'il Chefs Main Centre 9:30 - 11:30	28 Summer Time Play- group Main Centre 9:30 - 11:30	29 Francophone Playgroup Main Centre 9:30 - 11:30	30 Bi-lingual Me You & Music Main Centre 9:30—11:30	31 Adjusting to Parenting Main Centre 10:00 - 11:30

August 2009

Mon	Tue	Wed	Thu	Fri
				
3 New Brunswick Day Centre Closed 	4 Summer Time Play- group Main Centre 9:30 - 11:30	5 Francophone Playgroup Main Centre 9:30 - 11:30	6 Tiny Tumblers Main Centre 10:00 - 11:30 (please call to register) 	7 Adjusting to Parenting Main Centre 10:00 - 11:30
10 Summer Camp 9:00 - 4:00	11 Summer Camp 9:00 - 4:00	12 Summer Camp 9:00 - 4:00	13 Summer Camp 9:00 - 4:00	14 Summer Camp 9:00 - 4:00 Adjusting to Parenting Main Centre 10:00 - 11:30
17 L'il Scientists 9:30 - 11:30	18 Summer Time Play- group Main Centre 9:30 - 11:30	19 Francophone Playgroup Main Centre 9:30 - 11:30	20 Tiny Tumblers Main Centre 10:00 - 11:30 (please call to register) 	21 Adjusting to Parenting Main Centre 10:00 - 11:30
24` Summer Camp 9:00 - 4:00	25 Summer Camp 9:00 - 4:00	26 Summer Camp 9:00 - 4:00	27 Summer Camp 9:00 - 4:00	28 Summer Camp 9:00 - 4:00 Adjusting to Parenting Main Centre 10:00 - 11:30

Staff Contact Information

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Program Descriptions

Bilingual Me, You & Music

Children love music! This program allows children to explore music through movement, dancing, singing, listening and playing with basic musical instruments. Songs are in English and French.

Adjusting to Parenthood

This group is designed to offer you social support from other mothers, as well as information about ante-partum and postpartum depression. For more information, or to register, please the Centre.

Tiny Tumblers

It is a physical activity program for families with children ages 2-5 years of age. It consists of bean bag games, parachute fun, obstacle courses, trampoline jumping, gross motor activities, creative movement, pre-school aerobics and much more that will get the children active!

L'il Chefs

Children love to help out in the kitchen! So here is a program designed specifically for them to let out their creativity with cooking. Families will enjoy picking out ingredients, measuring items, mixing everything together and watching the children's masterpieces cook. The best part will be the taste-testing!

L'il Scientist

This program is for children ages 2 ½ - 6 years of age and their parents/caregivers. Families will get to explore and experiment with planned science experiments in a hands-on way

Francophone Playgroup

This weekly themed program offers parents/caregivers and their children the opportunity to participate in a French-speaking environment. We offer free play, crafts, games, music, reading circle, snack and other activities depending on the weekly theme.

Summertime Playgroup

Looking for something fun and free to do this summer. The summer time playgroup will have free play, story time, crafts, games, activities, snack as well as special outings and activities. Join us from 9:30-11:30am
CHECK THE CALENDAR FOR DATES & LOCATIONS

Ready for School – September 2009

These programs have age-appropriate activities that will help your child learn and enhance the skills needed to succeed in kindergarten. They will run September 2009-May 2010. For more information or to enroll your child, please call Amy at 450-9733.